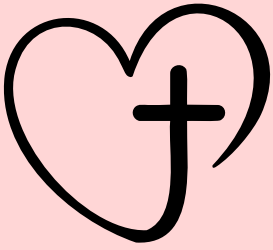


FAITH & FELLOWSHIP BOOK CLUB



Lenten Series: “Story of a Soul - The Autobiography of St. Therese of Lisieux”

February 21th (Manuscript/Section A) 10 - 11:30am

March 14th (Manuscript/Section B & C) 10 - 11:30 am

St Anne Assembly Room

Story of a Soul is the autobiography of St. Thérèse of Lisieux, in which she shares her childhood, her deep love for Jesus, and her journey into Carmelite life. With simplicity and honesty, she explains her “Little Way”—becoming holy through small acts of love, trust, and humility rather than grand achievements. The book highlights her struggles, joy, spiritual growth, and desire to love God and others in ordinary moments.

Discussion Questions:

The Little Way

- *How would you describe Thérèse’s approach to holiness - the “Little Way” - in your own words?*
- *Which parts of the Little Way feel freeing? Which feel challenging or uncomfortable?*

Suffering & Trust

- *How does Thérèse understand suffering—not as punishment, but as an offering of love?*
- *Are there moments where her trust in God feels radical or unrealistic? Why or why not?*

Ordinary Life & Holiness

- *Thérèse emphasizes doing small things with great love. What are “small things” in your daily life that could be transformed spiritually?*
- *How does her spirituality speak to us as we live out our ordinary routines?*

Humility & Weakness

- *Thérèse openly embraces her weaknesses. How does this contrast with modern ideas of strength or success?*
- *In what ways does her humility feel authentic rather than self-critical?*

Love & Relationship with God

- *How does Thérèse describe her relationship with God—as Father, Bridegroom, or Friend?*
- *What does her understanding of love teach us about prayer and intimacy with God?*

Faith in Darkness

- *At the end of her life, Thérèse experiences spiritual doubt. How does this deepen your understanding of faith?*
- *How does her perseverance in darkness resonate with experiences of doubt or silence in your own faith life?*

Application & Reflection

- *Which passage or moment from the book stayed with you the most—and why?*
- *How has this book changed or softened your view of holiness?*