

## Third Sunday of Lent

March 20, 2022

### First Reading

#### Ex 3:1-8a, 13-15

Moses was tending the flock of his father-in-law Jethro, the priest of Midian.

Leading the flock across the desert, he came to Horeb, the mountain of God.

There an angel of the LORD appeared to Moses in fire flaming out of a bush.

As he looked on, he was surprised to see that the bush, though on fire, was not consumed.

So Moses decided,

“I must go over to look at this remarkable sight, and see why the bush is not burned.”

When the LORD saw him coming over to look at it more closely, God called out to him from the bush, Moses! Moses!”

He answered, “Here I am.”

God said, “Come no nearer!

Remove the sandals from your feet, for the place where you stand is holy ground.

I am the God of your fathers, “ he continued, “the God of Abraham, the God of Isaac, the God of Jacob.”

Moses hid his face, for he was afraid to look at God.

But the LORD said,

“I have witnessed the affliction of my people in Egypt and have heard their cry of complaint against their slave drivers, so I know well what they are suffering.

Therefore I have come down to rescue them

from the hands of the Egyptians

and lead them out of that land into a good and spacious land, a land flowing with milk and honey.”

Moses said to God, “But when I go to the Israelites and say to them, ‘The God of your fathers has sent me to you,’ if they ask me, ‘What is his name?’ what am I to tell them?”

God replied, “I am who am.”

Then he added, “This is what you shall tell the Israelites:

I AM sent me to you.”

God spoke further to Moses, “Thus shall you say to the Israelites:

The LORD, the God of your fathers,

the God of Abraham, the God of Isaac, the God of Jacob,

has sent me to you.

“This is my name forever;  
thus am I to be remembered through all generations.”

## **Psalm**

### **Ps 103**

#### **R. The Lord is kind and merciful.**

Bless the LORD, O my soul;  
and all my being, bless his holy name.  
Bless the LORD, O my soul,  
and forget not all his benefits.

#### **R. The Lord is kind and merciful.**

He pardons all your iniquities,  
heals all your ills,  
He redeems your life from destruction,  
crowns you with kindness and compassion.

#### **R. The Lord is kind and merciful.**

The LORD secures justice  
and the rights of all the oppressed.  
He has made known his ways to Moses,  
and his deeds to the children of Israel.

#### **R. The Lord is kind and merciful.**

Merciful and gracious is the LORD,  
slow to anger and abounding in kindness.  
For as the heavens are high above the earth,  
so surpassing is his kindness toward those who fear him.

#### **R. The Lord is kind and merciful.**

## **Second Reading**

### **1 Cor 10:1-6, 10-12**

I do not want you to be unaware, brothers and sisters,  
that our ancestors were all under the cloud  
and all passed through the sea,  
and all of them were baptized into Moses  
in the cloud and in the sea.  
All ate the same spiritual food,  
and all drank the same spiritual drink,  
for they drank from a spiritual rock that followed them,  
and the rock was the Christ.  
Yet God was not pleased with most of them,  
for they were struck down in the desert.

These things happened as examples for us,  
so that we might not desire evil things, as they did.  
Do not grumble as some of them did,

and suffered death by the destroyer.  
These things happened to them as an example,  
and they have been written down as a warning to us,  
upon whom the end of the ages has come.  
Therefore, whoever thinks he is standing secure  
should take care not to fall.

### **Verse Before the Gospel**

Repent, says the Lord;  
the kingdom of heaven is at hand.

### **Gospel**

#### **Jn 4**

Jesus, tired from his journey, sat down there at the well.  
It was about noon.

A woman of Samaria came to draw water.  
Jesus said to her,  
“Give me a drink.”

The Samaritan woman said to him,  
“How can you, a Jew, ask me, a Samaritan woman, for a drink?”,  
“If you knew the gift of God  
and who is saying to you, ‘Give me a drink, ‘  
you would have asked him  
and he would have given you living water.”  
The woman said to him,  
“Sir, you do not even have a bucket and the cistern is deep;  
where then can you get this living water?

Jesus answered and said to her,  
“Everyone who drinks this water will be thirsty again;  
but whoever drinks the water I shall give will never thirst;  
the water I shall give will become in him  
a spring of water welling up to eternal life.”  
The woman said to him,  
“Sir, give me this water, so that I may not be thirsty  
or have to keep coming here to draw water.

Jesus said to her,  
“Go call your husband and come back.”  
The woman answered and said to him,  
“I do not have a husband.”  
Jesus answered her,  
“You are right in saying, ‘I do not have a husband.’

For you have had five husbands,  
and the one you have now is not your husband.  
What you have said is true.”

“Sir, I can see that you are a prophet.  
Jesus said to her,  
“... the hour is coming, and is now here,  
when true worshipers will worship the Father in Spirit and truth;  
and indeed the Father seeks such people to worship him.  
God is Spirit, and those who worship him  
must worship in Spirit and truth.”

The woman said to him,  
“I know that the Messiah is coming, the one called the Christ;  
when he comes, he will tell us everything.”  
Jesus said to her,  
“I am he, the one who is speaking with you.”