

Small Group Format.

Hospitality (10 – 15 minutes)

Gathering, refreshments, settle in and building connections.

Opening Prayer (5 minutes)

Foster prayer and recall the spirit and purpose of the small group gathering. Eg, lighting a candle.

Prayer for our Parish

Holy Spirit, I ask that St. Anne's Parish becomes a place of truly meaningful community, where disciples are formed who are committed to embracing and living out the mission that Jesus gave to us, His Church. Provide us with opportunities to have encounters with Jesus, which lead to conversion experiences. Bring people into belonging with Jesus through our community. Give them the gift of Faith, and bring them into a total dedication of life to Him. Amen.

Encountering Christ in Scripture (50-60 minutes)

Lectio Divina - use the specific guide provided

Encountering Christ in each other (10-15 minutes)

Highs & Lows – are moments of bonding within a small group. Reflecting on the past week, members share at will moments of blessings or things they are thankful for (highs) or moments that were challenging (lows). This is a great way of connecting with the humanity of another person. It's not meant to be a moment for giving advice but provides time for people to be seen, heard and simply acknowledged.

Closing Blessing - Our Father