

Following Jesus

Lenten Journey

St. Anne Parish
2018



Lent

is a season for renewal, a time to grow in relationship with God, with our selves, and with others.

This year, don't just "give up" something for Lent. Do something to nurture your faith and renew yourself!

St. Anne Parish has many opportunities for prayer, learning, service, and giving. Take advantage of one or more of the offerings described in this brochure. And while you're at it, invite a friend, family member, or coworker to come along!

Do something for Lent this year. It'll make the season—and your faith—much more meaningful!

Lenten Growth Opportunities

Weekday Liturgy

Start the day with Mass or Morning Prayer with Holy Communion.
Weekdays at 8:45 am in the St. Anne Chapel.

Sacrament of Reconciliation

Saturdays, February 17 - March 17, 3:30 - 4:30 pm
also Wednesday, March 7, 7:00 pm,
Wednesday, March 21, 7:00pm
and Friday, March 23, 9:30 am.
There are no confessions on Holy Saturday, March 31

Stations of the Cross Online

Pray the Stations of the Cross at home or at work with the reflections on our parish website at www.stanneseattle.org.

Contemplative Prayer

An hour of contemplative prayer every Tuesday, 7 pm in the St. Anne House of Prayer.

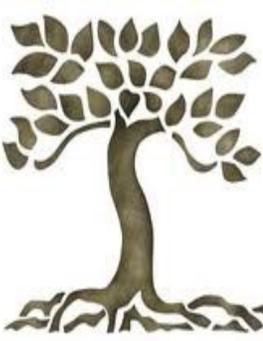
Lenten Lending Library

A great selection of books and DVD series —on prayer, theology, Scripture, church history, social concerns, and novels! All are available free of charge. Lending Library table is in the church narthex. Stop by and check it out!

Adult Confirmation

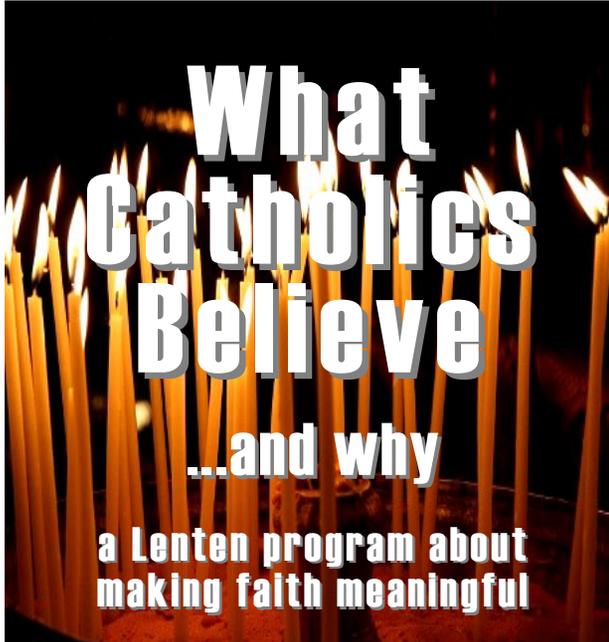
Confirmation empowers us to live our faith as adults. If you have not yet been confirmed, consider preparing for it this Lent. Contact the Parish Office for more information.

St. Anne Catholic Church
1411 First Ave. W., Seattle WA 98119
206-282-0223 • www.stanneseattle.org



The Service Tree

Make a difference in someone's life this Lent. The Service Tree offers dozens of ways you can reach out a helping hand to people in need. There are projects for children, adults and families, and each one takes only a few hours. When you've completed the project, come back and tie a ribbon on the Service Tree. Put your faith into action—and watch it grow!



What Catholics Believe
...and why
 a Lenten program about making faith meaningful



Catholic Relief Services
Rice Bowl

The Rice Bowl is a simple way to practice Lenten almsgiving. Place your Rice Bowl where you'll see it on a daily basis. Then, make some Lenten sacrifices—give up a latte, skip a dessert; eat a simple meal once a week. Put the money you would have spent into the Rice Bowl. At the end of Lent, count what you've collected and write a check for that amount to Operation Rice Bowl and bring it to Mass on Holy Thursday. Your donations will help support Catholic Relief Services projects here in Western Washington and throughout the world.



**New Heart,
 New Spirit**

Lenten reflection and faith-sharing
 The Sunday Gospels be our guide as we journey with Jesus to the mysteries of Holy Week.

Sundays, 11:30 am
 in the Church Chapel.

Thursdays, Feb. 22 - Mar. 22
 7:00 - 8:30 pm - Assembly Room

Make a deeper connection between your faith and your daily life. Explore what our Catholic beliefs have to say about:

- the purpose of life
- the meaning of Jesus
- our place in the world
- conscience and morality
- the purpose of prayer

facilitated by Ron Ryan, D. Min.

There is no registration or fee.
 For more information, phone 206-282-0223
 or email info@stanneseattle.org



Soup Nights
 &
Stations of the Cross

Be part of this special time of community building and prayer. Join us for a light soup supper followed by this popular Lenten devotion.

Wednesdays, February 21 - March 21
 6 pm - Soup Supper in Assembly Room
 7 pm - Stations in the church