

**St. Anne Parish
Councils & Commissions**

Pastoral Council

Carmen Suazo 284-8545

Finance Council

Craig Parietti 284-7909

Liturgy Commission

Marilyn Simon 783-9041

School Commission

Julie Makin 283-8394

Social Justice Commission

Patty Flowers 283-6889

Stewardship Commission

Norman Shaffer 284-5020

**LENTEN REGULATIONS
FOR ARCHDIOCESE OF SEATTLE**

Catholics in the United States are obliged to abstain from meat on Ash Wednesday and on all Fridays during the season of Lent. Catholics are also obliged to fast on Ash Wednesday and Good Friday.

Ash Wednesday is February 6th and Good Friday is March 21st.

Fasting. On a day of fasting, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but, together, they should not equal the other full meal. Eating between meals is not permitted, but liquids, including milk and juices, are permitted.

Abstinence. On days of abstinence, eating meat is not allowed.

The obligation of fasting binds Catholics who are 18-59 years old. The obligation of abstinence applies to those 14 years and older. The law does not oblige when health or ability to work would be seriously affected.

PLEASE NOTE: Confessions during Lent will be celebrated at 3:30 PM. Confessions are not celebrated on Holy Saturday of Holy Week.

ST. ANNE CHURCH WEEK

Liturgy of the Hours
Week IV

Sunday, February 3

FOURTH SUNDAY IN ORDINARY TIME

8:00 AM	Mass <i>St. Anne parishioners</i>
9:00 AM	RCIA
10:00 AM	Mass w/Adult Choir/Novena <i>Christine Paolazzi, Intentions</i>
11:00 AM	Coffee and Donuts
MONDAY	February 4, 2008
8:30 AM	Novena/Morning Prayer
9:00 AM	Martha's Worker
TUESDAY	February 5, 2008
8:30 AM	Morning Prayer
7:00 PM	Let Your Life Speak Series
WEDNESDAY	February 6, 2008 - ASH WEDNESDAY
8:45 AM	Mass with School children <i>† Murray Ferguson</i>
9:15 AM	New Heart, New Spirit Lenten Program
7:00 PM	Mass <i>† Edward Nissen</i>
THURSDAY	February 7, 2008
8:30 AM	Morning Prayer
6:30 PM	First Eucharist Preparation
7:00 PM	What Catholics Believe Series
FRIDAY	February 8, 2008
8:30 AM	Mass <i>† Helen Tomsej</i>
6:00 PM	Soup Night - Assembly Room
7:00 PM	Lenten Prayer
7:30 PM	AA Meeting
SATURDAY	February 9, 2008
3:30 PM	Reconciliation
5:00 PM	Mass <i>† Brian Moeller</i>

† Deceased

4th Sunday in Ordinary Time (True Discipleship)

February 3, 2008

Reading I: Zephaniah 2:3, 3:12-13 (Humble and Lowly)

Reading II: 1 Corinthians 1:26-31 (Boast in the Lord)

Gospel: Matthew 5:1-12a
(Theirs Is the Kingdom of God)

Adults: Which quality in the beatitudes am I most in need of?

Children: How often do I ask God to help me become a better person?





Please pray for parishioners and loved ones of parishioners who are serving our country in the military.

And for the Sick:

Jean Braxmeyer, Sally Burklund, Michael Casey, *brother of Terry*, Vera Cornall, Bernard Dion, *brother of Lorraine Crist*, Wilma Duffield, Ellen Fuhrman, Estelle Garson, Alfred Gorand, *grandfather of Caitlin Gorand*, Lee Grande, *mother of Paula Cipolla*, Ruth Jacobsen, Jim Jennings, *brother-in-law of Pat Covich*, Bob Kirch, Mary Lewis, Lisa Kurtz Luciano, Carol Luster, Fr. Jim Mallahan, Didi McIntosh, Gloria Milliken, Steve Moriarty, Mary Lou Nelson, Sr. Nelle O'Connor, Evelyn Schwanke, Alice Truitt, Claire Venables, JoEllen Vinyard, *mother of Jennifer Bosserman*, Thelma Vogt, Mike Walker, *father of Lindsey Walker*, Michael Whitley, *brother-in-law of Joan Moeller*, Dick Young, and Mary Zamberlin, *daughter of Colleen Zamberlin*.

And for those who have died:

Kristine Branham, *grandmother of Kimberly Cavallon*.

Christians who are not Catholics, and who wish to receive Holy Communion at our Masses at St. Anne, may speak with Father Paul, 206-382-4598, paulp@seattlearch.org.



In just a few days, your Lenten journey will begin. Catholic Relief Services invites you to make this journey in solidarity with your global family, and Operation Rice Bowl makes this easy and enriching. **It is a journey of prayer, fasting, learning and giving.** To be Catholic means to be linked not just to our local communities, but also to our global community. Your participation can alleviate suffering and combat injustice. Together, we can induce tremendous change: *“Blessed are they who hunger and thirst for righteousness, for they will be satisfied.”*

“THE LITTLE BLACK BOOK”

Six-minute reflections on the Passion according to John

The “Little Black Book” is meant to help you enjoy six minutes a day in prayer during Lent. The Black Books are at the entrances of the church. Please take one home with you. There are also Purple Books available for children.

February Birthdays

Congratulations to these parish seniors (born in 1932 or earlier) who celebrate birthdays this month! **Thomas Challoner, Carol Cooper, Frances Cronin, Estelle Garson, Bob Kirch and Jean Sayre.**



Please help us include your friends!

We’d like to include everyone in our Centennial celebration who has been part of St. Anne over the years. We would especially like to send them a personal invitation to our Parish Reunion in October and the Closing Mass & Rededication in December. Please help us get the word out! If you know the whereabouts of a former parishioner, student, or friend of St. Anne’s, please contact:

Donna Moriarty	282-6238
Rosemary/Ray Siderius	283-7181
Mary Krininger	282-8302
Barbara Raney	282-7732
Connie & Bob Lamb	284-8316

Liturgy & Spiritual Life

Parish Life

Centennial Events



Adult Faith Formation

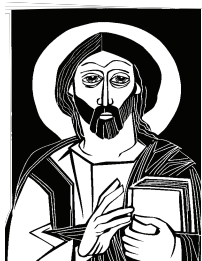
JOIN OUR FAITH SHARING GROUP

FOR LENT: Beginning Monday, February 11th, at 10:00 AM, we will meet weekly to celebrate our faith. Everyone welcome! Contact Lillian Shagrin for details, 206-283-4566.



MERCY NIGHT - Drop in for a candlelit evening of prayer and adoration at Blessed Sacrament Church on **Friday, February 22nd** from **8:00 - 11:00 pm**.

Priests will be available for confession, and teams for prayer ministry. Originating in Europe with the Emmanuel Community, Mercy Night is an extraordinary contemplative setting in which to allow your heart to open before the Lord. Come anytime and stay for as little or as long as you like. Everyone is welcome. Blessed Sacrament is located at 5041 9th Avenue NE in Seattle's University District. For more information, contact Tara at 206-547-3020.



"Know that I am with you always..."

a five-week study of the

Gospel of

Matthew

conducted by Ron Ryan

Thursdays, Feb. 14 - March 13
7:00 pm in the Assembly Room



What Catholics Believe and why it's so important a course for believers & those struggling to believe

continues this Thursday, Feb. 7 7:00 pm in the Assembly Room

This week Ron Ryan will discuss **How Catholics pray and why?**

- How we use sacraments, liturgy and ritual and how they help us live as Christians.

This series is intended for adult Catholics seeking a better understanding of their faith, those returning to active participation in the Church, and non-Catholics interested in learning more about Catholic Christianity.

Everyone is welcome to attend. There is no registration and no fee.



New Heart, New Spirit Lenten Program

Wednesday mornings, 9:15 am
beginning February 6
in the Assembly Room.

Join Ron Ryan for a weekly morning of renewal based on the Sunday Scripture readings. Each session will include prayer, reflection on the readings, and small group faith-sharing. Everyone is welcome. There is no registration.

